


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>To Go meals are also offered for \$.25 more</p>		<p>All meals must be reserved the day before or by 9 A.M. the day of, by calling 402-367-6131</p> <p>All ages welcome Suggested cost for 60 & up \$4.00 and fee for 60 & under is \$5.00</p>	<p>1 Closed</p>	<p>2 Breakfast for Lunch</p> <p>Scrambled eggs, sausage links, stewed tomatoes, tropical fruit</p> <p>9:30 A.M. – Tai Chi & Cards 1:00-4:00 Cards Van to Columbus</p>	<p>3 Accordion Day</p> <p>Smothered Pork, mashed potatoes, gravy, carrots, banana bars</p>	<p>4</p>
<p>5 All meals are served with bread, milk, coffee, and water</p>	<p>6 Chicken Parmesan, over noodles, Italian Vegetables, mandarin oranges</p>	<p>7 Hamburger steak, hash brown casserole, buttered cabbage, peaches, salad bar</p> <p>9:30 A.M. – Tai Chi 12:30 Bingo Van to Lincoln</p>	<p>8 Chili, tossed salad, carrots & celery sticks, cinnamon roll</p>	<p>9 Beltone 2-4pm Potato Bake 11:15-12:45 Cream pork, baked potato, mixed vegetables, chocolate pudding</p> <p>9:30 A.M. – Tai Chi & Cards 1:00-4:00 Cards Van to Omaha</p>	<p>10 Cornflake chicken, stuffing, roasted Brussel sprouts, apricots</p>	<p>11</p>
<p>12</p>	<p>13 Meat Loaf, parsley potatoes, peas, tropical fruit</p>	<p>14 Baked Fish, Steak fries, green beans, fresh fruit, salad bar</p> <p>9:30 A.M. – Tai Chi 12:30 Music Bingo Van to Columbus</p>	<p>15 Ham or Liver n Onions, party potatoes, beets, ½ banana</p>	<p>16 David Place Dessert & Entertainment Chicken & Rice Casserole, broccoli, fruit cocktail, salad bar</p> <p>9:30 A.M. – Tai Chi & Cards 1:00-4:00 Cards Van to Lincoln</p>	<p>17 Lasagna, Scandinavian veggies, pineapple, garlic bread</p>	<p>18</p>
<p>19</p>	<p>20 Closed for Martin Luther King Jr Day</p>	<p>21 Rising City Pop up luncheon Chicken fried chicken, mashed potatoes & gravy, corn, rosy applesauce, salad bar</p> <p>9:30 A.M. – Tai Chi 12:30 Bingo Van to Omaha</p>	<p>22 Tator Tot casserole w/green beans, mixed veggies, jello with fruit</p>	<p>23 Birthday Day Pot roast with potatoes & carrots, dinner roll, salad bar</p> <p>9:30 A.M. – Tai Chi & Cards 1:00-4:00 Cards Van to Columbus</p>	<p>24 Chicken Enchilada Casserole, Spanish rice, Green Beans, Mexican wedding cake</p>	<p>25</p>
<p>26</p>	<p>27 Pulled pork sandwich, roasted potatoes, Italian blend, peaches</p>	<p>28 Chicken pot pie, mixed vegetables, Zucchini bars, salad bar</p> <p>9:30 A.M. – Tai Chi 12:30 Bingo Van to Lincoln</p>	<p>29 Cowboy Steak, Potato Wedges, California blend, baked apples</p>	<p>30 Ham & Bean soup, lettuce salad apricots, corn bread, salad bar</p> <p>9:30 A.M. – Tai Chi 12:30 Bingo Van to Omaha</p>	<p>31 Salmon patties, baked potato, cream peas, strawberries & bananas</p>	<p>Meals are subject to change</p>