

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All meals must be reserved the day before or by 9 A.M. the day of				1 Pork cutlet, mashed potatoes & gravy, broccoli, peaches, salad bar <u>1:00 Cards</u> <u>9:30 A.M. – Tai Chi</u> <u>Van to Lincoln</u>	Accordion Day 2 Swiss Steak, hash browns casserole, carrots, fruit cocktail	3
4 All meals are served with bread, milk, coffee, and water	5 Hot Dog on a Bun, baked beans, coleslaw, peaches	6 Lasagna, Cauliflower, Pineapple, garlic bread, salad bar <u>9:30 Tai Chi</u> <u>12:30 Bingo</u> <u>Van to Omaha</u>	7 Oven fried chicken, sweet potato fries, buttered cabbage, jello salad	8 Potato Bake Beltone 2-4 HMD: Hamburger gravy on baked potato, California Blend, Creampuff dessert <u>1:00 Cards</u> <u>9:30 A.M. – Tai Chi</u> <u>Van to Columbus</u>	9 Chicken Salad Sandwich, Potato Salad, 3 bean salad, baked apples	10
11	12 Parmesan chicken, buttered noodles, Italian vegetables, mandarin oranges	13 Tater-tot Casserole, glazed carrots, tropical fruit, salad bar <u>9:30 Tai Chi</u> <u>12:30 Bingo</u> <u>Van to Lincoln</u>	14 12:00 Potluck at the Center HDM: Tuna melt, pasta salad, mixed vegetables, fruit salad	15 Smothered pork, roasted potatoes, Broccoli & Cauliflower pudding, salad bar <u>1:00 Cards</u> <u>9:30 A.M. – Tai Chi</u> <u>Van to Omaha</u>	16 Chicken Pot Pie w/veggies, lettuce salad, peaches	17
18	19 Baked fish, macaroni & cheese, green beans, pears	20 Beef Stroganoff, roasted Brussel sprouts, grape salad, salad bar <u>9:30 Tai Chi</u> <u>12:30 Bingo</u> <u>Van to Columbus</u>	21 Ham or Liver & Onions, Au Gratin potatoes, stewed tomatoes, layered lemon dessert	22 BirthDay Day Hot beef sandwich, mashed potatoes, gravy, corn, jello wt fruit, salad bar <u>1:00 Cards</u> <u>9:30 A.M. – Tai Chi</u> <u>Van to Lincoln</u>	23 Country ribs, baked potato, cream peas, fresh fruit	24
25	26 CLOSED  MEMORIAL day	27 Cream Chicken on biscuit, Scandinavian vegetables, strawberries & bananas, salad bar <u>9:30 Tai Chi</u> <u>12:30 Bingo</u> <u>Van to Omaha</u>	28 Runza Casserole, lettuce salad, Mandarin oranges	29 BBQ pork on a bun, roasted potatoes, carrots, jello wt cottage cheese, salad bar Angel Care Speaker & Dessert <u>1:00 Cards</u> <u>9:30 A.M. – Tai Chi</u> <u>Van to Columbus</u>	30 Chicken Spaghetti Bake, garlic bread, California blend, banana bars	31