


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	<b>Accordion Day 6</b>	7
	Goulash, Italian vegetables, tossed salad, garlic bread, apricots	Baked Herb chicken, stuffing, broccoli, peaches, salad bar  <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Van to Lincoln</u>	Salisbury Steak, oven fried potatoes, coleslaw, fruit cocktail	Salmon Loaf, Hashbrown Casserole, corn, jello & fruit parfait, salad bar  <u>Tai Chi 9:30am</u> <u>Cards 1:00pm</u> <u>Van to Omaha</u>	Roast Beef, Mashed Potatoes, Creamed Peas, Chocolate Cake	
8	9	10	11	<b>Potato Bake 12</b> <b>Beltone 2-4</b> Cream Chicken over Baked Potato, Scandian veggies, tropical fruit, salad bar  <u>Tai Chi 9:30am</u> <u>Cards 1:00pm</u> <u>Van to Lincoln</u>	13	14
	Sloppy Joes, tator tots, green beans, pineapple	Cornflake Chicken, mashed potatoes & gravy, cauliflower, strawberries & bananas, salad bar  <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Van to Columbus</u>	Tuna & noodle casserole, carrots, tomato juice, grape salad		Polish sausage, dumplings & sauerkraut, pudding	
15	16	17	18	19	20	21
	Hamburger steak, mashed potatoes, peas, fresh fruit	BBQ Chicken on a bun, steak fries, broccoli & cauliflower salad, rhubarb dessert, salad bar  <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Van to Omaha</u>	Ham or Liver & onions, scalloped potatoes, mixed vegetables, pears	<b>Closed in Honor of Juneteenth</b>	Italian Chicken, seasoned potatoes, Italian vegetables, mixed fruit	
22	23	24	25	<b>Birthday Day 26</b>	27	28
	Baked fish, garden rice, succotash, rosy applesauce	Smothered pork chops, mashed potatoes, gravy, beets, waldrof salad, salad bar  <u>Tai Chi 9:30am</u> <u>Bingo 12:30</u> <u>Van to Columbus</u>	Texas meatballs, baked potato, cheesy Brussel sprouts, peach cobbler	Chicken salad sandwich, potato salad, coleslaw & fruit cocktail, salad bar  <u>Tai Chi 9:30am</u> <u>Cards 1:00pm</u> <u>Van to Lincoln</u>	Beef Stroganoff, noodles, Scandinavian vegetables, mandarin oranges	
29	30					
	Chicken Patty on a bun, oven roasted potatoes & carrots, tropical fruit	<b>All meals must be reserved the day before or by 9 A.M. on the day of</b> <b>All meals are served with bread, milk coffee, and water</b>	<b>Suggested cost for 60 &amp; over is \$4.00 and cost for under 60 is \$5.00. To go meals are \$.25 more. All ages welcome</b>		<b>MENU SUBJECT TO CHANGE</b>	